

Michaela Schützenhofer in Kooperation mit dem RSV Mössling



SHiNE

DANCE FITNESS™

WHAT SHiNE Dance Fitness™ is a place to be free! Suitable for beginners and experienced dancers alike, SHiNE is a full-body cardio + toning workout based in traditional jazz, ballet, and hip hop. Get ready to sweat, smile, shimmy, and shake your worries (and calories!) away, because this class is your new happy place!

WHERE Turnhalle der Grundschule Mössling

WHEN 21.06.22, 28.06.22, 05.07.22, 12.07.22, 19.07.22 jeweils von 20 Uhr bis 21 Uhr

MORE 31.05.22 kostenloses Probetraining; Mitglieder 30 Euro; Nichtmitglieder 45 Euro

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WE DON'T SWEAT, WE *Shine!*